



## Person-Centred Care in The US and In Denmark: Why Is It Important to Ensure Kind, Enabling and Personalised Care and How Do We Move Forward?

### Open research seminar

**Location:** Auditorium 35.01.05, Center for Sundhed og Samfund (CSS), Building 35, Øster Farimagsgade 5, 1353 København K (access through Gammeltoftsgade 13).

**Date:** January 22 2019, from 3-7 PM.

Providing person-centered healthcare that is respectful of and responsive to citizens' preferences, needs, and values remains a key challenge for healthcare systems worldwide.

In this research seminar, Victor Montori, Professor of Medicine at the Mayo Clinic in Rochester, Minnesota, USA, and Maria Kristiansen, Associate Professor and Research Group Leader at University of Copenhagen, will share perspectives on the importance and opportunities of realising the goal of person-centred care across the US and Danish healthcare environments. This will be followed by a moderated discussion, with active participation from the audience, to explore key possibilities, barriers and future partnerships in moving towards person-centred care.

### Programme

15:00 Welcome and Introductions by professor and managing director Lene Juel Rasmussen

15:10 *How it Feels to Be a Patient – A Patient Story of Seeking and Engaging with the Healthcare System*

15:25 Victor Montori *From Industrial Health Care Towards Careful and Kind Care*

16:05 Maria Kristiansen *What is Kind, Enabling and Personalised Care, and Who is This Important For?*

16:30 Explorative dialogue with audience participation moderated by Dr. Jason Cunningham

17:00 Wrap up: What to do with whom, when and how?

17:15 Wine, refreshments and networking

19:00 Thank you

Please register before January 15 by sending name, organization and contact information to Maria Kristiansen at [makk@sund.ku.dk](mailto:makk@sund.ku.dk).

Dr. Victor Montori is Professor of Medicine at the Mayo Clinic. He is a recognized expert in evidence-based medicine and shared decision making, and developer of the concept of minimally disruptive medicine. An Endocrinologist and Health Services Researcher, he is the author of more than 600 peer-reviewed publications and in the last decade, is among the top 1% of researchers worldwide in cited papers in clinical medicine. He promotes the ideals of incorporating the best available research, the patient context, and the patient values and preferences in making clinical decisions. Victor Montori has also been integral in the Patient Revolution Initiative which hopes to transform healthcare through creating conversations between patients and clinicians. His research takes place in the Knowledge and Evaluation Research Unit at Mayo Clinic where he explores how knowledge is produced, disseminated and taken up in practice — and how this leads to optimal health care delivery and patient outcomes.



Dr. Maria Kristiansen is Associate Professor of Health Services, Research and Research Group Leader at the Department of Public Health & Center for Healthy Aging, and Faculty of Health and Medical Sciences at University of Copenhagen, Denmark. She performs interdisciplinary and multi-method health services research with a focus on enhancing person-centred, diversity-sensitive healthcare provision in the context of population aging. She runs a number of intervention studies exploring needs for, perspectives of and innovative approaches to ensure person-centred healthcare, thus informing the evidence-base for future healthcare provision. Projects are often co-created with key societal partners, including patient associations, municipalities, regions and citizen groups to enhance relevance, transferability and ultimately societal impact of research.

