

# Appendix

## FMS

Mark one answer for each. Be as honest as possible, describing how true it really is and now how true you would like it to be.

Choose from these responses:

1 = never true

2 = rarely true

3 = true once in a while

4 = sometimes true

5 = often true

6 = almost always true

7 = always true

	Never True					Always True	
	1	2	3	4	5	6	7
1. I am concerned that our country is not doing . . . . enough to help the poor	1	2	3	4	5	6	7
2. I know that Jesus Christ is the Son of God who . . died on a cross and rose again	1	2	3	4	5	6	7
3. My faith shapes how I think and act each . . . . . and every day	1	2	3	4	5	6	7
4. I help others with their religious questions . . . . . and struggles	1	2	3	4	5	6	7
5. I tend to be critical of other people (R) . . . . .	1	2	3	4	5	6	7
6. In my free time, I help people who . . . . . have problems or needs	1	2	3	4	5	6	7
7. My faith helps me know right from wrong . . . . .	1	2	3	4	5	6	7
8. I do things to help protect the environment . . . . .	1	2	3	4	5	6	7
9. I devote time to reading and studying the Bible . .	1	2	3	4	5	6	7
10. I have a hard time accepting myself (R) . . . . .	1	2	3	4	5	6	7
11. Every day I see evidence that God is active . . . . . in the world	1	2	3	4	5	6	7
12. I take excellent care of my physical health . . . . .	1	2	3	4	5	6	7
13. I am active in efforts to promote social justice . . .	1	2	3	4	5	6	7
14. I seek out opportunities to help me . . . . . grow spiritually	1	2	3	4	5	6	7
15. I take time for periods of prayer or meditation . . .	1	2	3	4	5	6	7
16. I am active in efforts to promote world peace . . . .	1	2	3	4	5	6	7
17. I accept people whose religious beliefs are . . . . . different from mine	1	2	3	4	5	6	7
18. I feel a deep sense of responsibility for reducing . . pain and suffering in the world	1	2	3	4	5	6	7
19. As I grow older, my understanding of . . . . . God changes	1	2	3	4	5	6	7
20. I feel overwhelmed by all the responsibilities . . . . and obligations I have	1	2	3	4	5	6	7
21. I give significant portions of my time and . . . . . money to help other people	1	2	3	4	5	6	7
22. I speak out for equality for women . . . . . and minorities	1	2	3	4	5	6	7
23. I feel God's presence in my relationships . . . . . with other people	1	2	3	4	5	6	7
24. My life is filled with meaning and purpose . . . . .	1	2	3	4	5	6	7

- |  |   |   |   |   |   |   |   |
|--|---|---|---|---|---|---|---|
| 25. I do not understand how a loving God can . . . . .     | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| allow so much pain and suffering in the world (R)          |   |   |   |   |   |   |   |
| 26. I believe that I must obey God's rules and . . . . .   | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| commandments in order to be saved (R)                      |   |   |   |   |   |   |   |
| 27. I am confident that I can overcome any . . . . .       | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| problem or crisis no matter how serious                    |   |   |   |   |   |   |   |
| 28. I care a great deal about reducing poverty in. . . . . | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| the United States and throughout the world                 |   |   |   |   |   |   |   |
| 29. I try to apply my faith to political and . . . . .     | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| social issues  |   |   |   |   |   |   |   |
| 30. My life is committed to Jesus Christ. . . . .          | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 31. I talk with other people about my faith . . . . .      | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 32. My life is filled with stress and anxiety. . . . .     | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 33. I go out of my way to show love to. . . . .            | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| people I meet  |   |   |   |   |   |   |   |
| 34. I have a real sense that God is guiding me . . . . .   | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 35. I do not want the churches of this nation. . . . .     | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| getting involved in political issues (R)                   |   |   |   |   |   |   |   |
| 36. I like to worship and pray with others. . . . .        | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 37. I think Christians must be about the business . . . .  | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| of creating international understanding<br>and harmony     |   |   |   |   |   |   |   |
| 38. I am spiritually moved by the beauty of God's . . .    | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| creation enough to help the poor                           |   |   |   |   |   |   |   |

(R)—reversed scored

Benson, P. L., Donahue, M. J., & Erickson, J. A. (1993). The Faith Maturity Scale: Conceptualization, measurement, and empirical validation. In M. L. Lynn & D. D. Moberg (Eds.), *Research in the social scientific study of religion* (Vol. 5, pp. 1-26). Greenwich, CT: JAI Press. Copyright © 1993 JAI Press. Reprinted with permission.